



Know Your Figure: Risk Factors of Heart Disease

The City of Bloomington will be celebrating American Heart Month and **National Wear Red Day** on Monday, February 9th.

City employees are encouraged to wear red on February 9th to show your support against heart disease, the #1 killer in America.



All city employees are invited to a free blood pressure screening and a free heart healthy lunch & presentation by Bloomington Hospital in the McCloskey Room.

Blood pressure screenings begin at 11:15am.
Lunch and presentation from 12:00-1:00pm, please join us!

For more information, or to sign up for the luncheon, please contact Nancy Woolery at 349-3851 or wooleryn@bloomington.in.gov

